

# 2023 Preventive Medication List for Consumer Driven Health Plans Core Plus List

This is a list of **Preventive Medications** that may be covered under your plan. If your plan covers these Preventive Medications, your insurance benefit is applied before you meet your deductible.

Some medications may have other requirements or limits depending on your benefit plan and are noted below. To find out if a drug is covered, please check your plan benefits on the health plan's member website. Or, call the toll-free phone number on your member ID card. This list may not be all-inclusive. Brand and generic drugs may not always be available due to market changes.

This list applies to UnitedHealthcare and Oxford medical plans. It is correct as of December 1, 2022 and is subject to change after this date. The next anticipated update will occur with the next PDL cycle.

**CDH preventive drug lists may also be used with non-CDH plans**

**Effective May 1, 2023**

Therapeutic Drug Classes	Requirements & Limits
<b>Breast Cancer Prevention</b>	
Anastrozole	
<b>Arimidex</b>	E
<b>Aromasin</b>	E
Exemestane	
<b>Fareston</b>	E
<b>Femara</b>	E
Letrozole	
<b>Soltamox</b>	E
Tamoxifen	
Toremifene	

Therapeutic Drug Classes	Requirements & Limits
<b>Cardiovascular/Heart Disease: Blood Clot/Platelet Therapy</b>	
<b>Aggrenox</b>	
<b>Arixtra</b>	E
Aspirin-Dipyridamole	
<b>Bevyxxa</b>	
<b>Brilinta</b>	
Cilostazol	
Clopidogrel	
<b>Coumadin</b>	
Dipyridamole	
<b>Effient</b>	E
<b>Eliquis</b>	

**Bold type = Brand-name drug**

[Plain type = Generic drug]

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<sup>1</sup>Coverage is provided for oral formulations

Therapeutic Drug Classes	Requirements & Limits
Enoxaparin	
<b>Fragmin</b>	
Fondaparinux	
Heparin	
Jantoven	
<b>Lovenox</b>	E
<b>Persantine</b>	
<b>Plavix</b>	E
<b>Pletal</b>	
<b>Pradaxa</b>	
Prasugrel	
<b>Savaysa</b>	
Ticlopidine	
Warfarin	
<b>Xarelto</b>	
<b>Zontivity</b>	
<b>Cardiovascular/Heart Disease: High Blood Pressure</b>	
<b>Accupril</b>	E
<b>Accuretic</b>	
Acebutolol	
<b>Aceon</b>	
<b>Adalat CC</b>	
Afedital	
<b>Aldactazide</b>	
<b>Aldactone</b>	E
Aliskiren	
<b>Altace</b>	E
Amiloride	
Amiloride-Hydrochlorothiazide	
Amlodipine	
Amlodipine-Benazepril	
Amlodipine-Olmesartan	E
Amlodipine-Olmesartan-Hydrochlorothiazide	E

Therapeutic Drug Classes	Requirements & Limits
Amlodipine-Valsartan	
Amlodipine-Valsartan-Hydrochlorothiazide	E
<b>Amturnide</b>	E
<b>Atacand</b>	E
<b>Atacand HCT</b>	E
Atenolol	
Atenolol-Chlorthalidone	
<b>Avalide</b>	E
<b>Avapro</b>	E
<b>Azor</b>	E
Benazepril	
Benazepril-Hydrochlorothiazide	
<b>Benicar</b>	E
<b>Benicar HCT</b>	E
Betaxolol <sup>1</sup>	
<b>Bidil</b>	
Bisoprolol	
Bisoprolol-Hydrochlorothiazide	
Bumetanide	
<b>Bystolic</b>	E
<b>Byvalson</b>	
<b>Calan</b>	
<b>Calan SR</b>	
Candesartan	
Candesartan-Hydrochlorothiazide	
Captopril	
Captopril-Hydrochlorothiazide	
<b>Cardene SR</b>	
<b>Cardizem</b>	E
<b>Cardizem CD</b>	E
<b>Cardizem LA</b>	E
<b>Cardura</b>	
<b>Carospir</b>	
Cartia XT	

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Therapeutic Drug Classes	Requirements & Limits
Carvedilol	
Carvedilol ER	E
<b>Catapres</b>	
<b>Catapres TTS</b>	E
Chlorothiazide	
Clonidine	
Clonidine Patch	
<b>Clorpress</b>	
<b>Conjupri</b>	E
<b>Coreg</b>	E
<b>Coreg CR</b>	E
<b>Corgard</b>	
<b>Corzide</b>	
<b>Covera HS</b>	
<b>Cozaar</b>	E
<b>Demadex</b>	
<b>Dilacor XR</b>	
Dilt CD	
Dilt XR	
Diltia XT	
Diltiazem	
Diltiazem ER	
Diltzac ER	
<b>Diovan</b>	E
<b>Diovan HCT</b>	E
<b>Diuril</b>	
Doxazosin	
<b>Dutoprol</b>	E
<b>Dyazide</b>	
<b>Dynacirc CR</b>	
<b>Dyrenium</b>	E
<b>Edarbi</b>	
<b>Edarbyclor</b>	
<b>Edecrin</b>	E

Therapeutic Drug Classes	Requirements & Limits
Enalapril	
Enalapril-Hydrochlorothiazide	
<b>Epaned</b>	
Eplerenone	
Eprosartan	
Ethacrynic Acid	
<b>Exforge</b>	E
<b>Exforge HCT</b>	E
Felodipine ER	
Fosinopril	
Fosinopril-Hydrochlorothiazide	
Furosemide	
Guanfacine	
Hydralazine	
Hydrochlorothiazide	
<b>Hyzaar</b>	E
Indapamide	
<b>Inderal</b>	
<b>Inderal LA</b>	E
<b>Inderal XL</b>	E
<b>Innopran XL</b>	E
<b>Inspra</b>	E
Irbesartan	
Irbesartan-Hydrochlorothiazide	
<b>Isoptin SR</b>	
Isradipine	
<b>Kaspargo</b>	
<b>Katerzia</b>	E
Labetalol	
<b>Lasix</b>	
<b>Levamlodipine (Conjupri authorized generic)</b>	E
<b>Levatol</b>	
Lisinopril	

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Therapeutic Drug Classes	Requirements & Limits	Therapeutic Drug Classes	Requirements & Limits
Lisinopril-Hydrochlorothiazide		Nimodipine	
<b>Lopressor</b>		Nisoldipine	
<b>Lopressor HCT</b>		<b>Norliqva</b>	
Losartan		<b>Norvasc</b>	E
Losartan-Hydrochlorothiazide		Olmesartan	
<b>Lotensin</b>		Olmesartan-Hydrochlorothiazide	
<b>Lotensin HCT</b>		Perindopril	
<b>Lotrel</b>	E	Pindolol	
Matzim LA		Prazosin	
<b>Mavik</b>		<b>Prestalia</b>	E
<b>Maxzide</b>		<b>Prinivil</b>	
Methyclothiazide		<b>Procardia</b>	
Methyldopa		<b>Procardia XL</b>	E
Methyldopa-Hydrochlorothiazide		Propranolol	
Metolazone		Propranolol-Hydrochlorothiazide	
Metoprolol 37.5, 75 mg	E	<b>Qbrelis</b>	
Metoprolol-Hydrochlorothiazide		Quinapril	
Metoprolol Succinate		Quinapril-Hydrochlorothiazide	
Metoprolol Tartrate		Ramipril	
<b>Micardis</b>	E	Reserpine	
<b>Micardis HCT</b>	E	<b>Sectral</b>	
<b>Microzide</b>		<b>Soanz</b>	E
<b>Midamor</b>		Spiro lactone	
<b>Minipress</b>		Spiro lactone-Hydrochlorothiazide	
Minoxidil		<b>Sular</b>	
Moexipril		<b>Tarka</b>	E
Moexipril-Hydrochlorothiazide		Taztia XT	
Nadolol		<b>Tekturna</b>	
Nadolol-Bendroflumethazide		<b>Tekturna HCT</b>	
Nebivolol	E	Telmisartan	
<b>Nexiclon XR</b>	E	Telmisartan-Amlodipine	E
Nicardipine		Telmisartan-Hydrochlorothiazide	
Nifedipine		<b>Tenex</b>	
Nifedipine ER		<b>Tenoretic</b>	E

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Therapeutic Drug Classes	Requirements & Limits
<b>Tenormin</b>	E
Terazosin	
<b>Teveten</b>	
<b>Teveten HCT</b>	
<b>Thalitone 15 mg</b>	E
<b>Thalitone 25 mg</b>	
<b>Tiazac</b>	
Timolol <sup>1</sup>	
<b>Toprol XL</b>	E
Torsemide	
<b>Trandate</b>	
Trandolapril	
Trandolapril-Verapamil	
Triamterene	
Triamterene-Hydrochlorothiazide	
<b>Tribenzor</b>	E
<b>Twynsta</b>	E
<b>Uniretic</b>	
<b>Univasc</b>	
Valsartan	
Valsartan-Hydrochlorothiazide	
<b>Valsartan Solution</b>	E
<b>Vaseretic</b>	E
<b>Vasotec</b>	E
Verapamil	
Verapamil ER	
<b>Verelan</b>	
<b>Verelan PM</b>	
<b>Zaroxolyn</b>	
<b>Zebeta</b>	
<b>Zestoretic</b>	E
<b>Zestril</b>	E
<b>Ziac</b>	

Therapeutic Drug Classes	Requirements & Limits
<b>Cardiovascular/Heart Disease: High Cholesterol</b>	
<b>Altoprev</b>	E
<b>Antara</b>	E
Atorvastatin	
Cholestyramine	
Cholestyramine Light	
Choline Fenofibrate	E
Colesevelam Tablets, Powder for Suspension	
<b>Colestid</b>	
Colestipol	
<b>Crestor</b>	E
<b>Ezallor Sprinkle</b>	
Ezetimibe	
<b>Ezetimibe/Rosuvastain</b>	E
Fenofibrate 30, 50, 75, 90, 150 mg Capsule	E
Fenofibrate 43, 67, 130, 134, 200 mg Capsule	
Fenofibrate 40, 120 mg Tablet	E
Fenofibrate 48, 54, 145, 160 mg Tablet	
Fenofibric Acid	E
<b>Fenoglide</b>	E
<b>Fibricor</b>	E
<b>Flolipid</b>	
Fluvastatin	
Fluvastatin ER	
Gemfibrozil	
Icosapent	E
<b>Lescol</b>	
<b>Lescol XL</b>	E
<b>Lipitor</b>	E
<b>Lipofen</b>	E
<b>Livalo</b>	E

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Therapeutic Drug Classes	Requirements & Limits
<b>Lofibra</b>	E
<b>Lopid</b>	
Lovastatin	
<b>Lovaza</b>	E
<b>Mevacor</b>	
<b>Nexletol</b>	
<b>Nexlizet</b>	
Niacin Extended-Release	
<b>Niacor</b>	E
<b>Niaspan</b>	E
Omega-3 Acid Ethyl Esters	
<b>Pravachol</b>	E
Pravastatin	
Prevalite	
<b>Questran</b>	
<b>Questran Light</b>	
Rosuvastatin	
<b>Roszet</b>	E
Simvastatin	
Simvastatin-Ezetimibe	
<b>Tricor</b>	E
<b>Triglide</b>	E
<b>Trilipix</b>	E
<b>Vascepa</b>	E
<b>Vytorin</b>	E
<b>Welchol</b>	E
<b>Zetia</b>	E
<b>Zocor</b>	E
<b>Zypitamag</b>	E
<b>Depression: Selective Serotonin Reuptake Inhibitors (SSRIs)<sup>1</sup></b>	
<b>Celexa</b>	E
Citalopram Tablets	
<b>Citalopram Capsules</b>	E

Therapeutic Drug Classes	Requirements & Limits
Escitalopram	
Fluoxetine Capsules	
Fluoxetine 10 mg, 20 mg Tablets	
Fluoxetine 60 mg Tablets	E
Fluvoxamine	
Fluvoxamine Extended-Release	
<b>Lexapro</b>	E
Paroxetine	
Paroxetine Extended-Release	
<b>Paxil</b>	E
<b>Paxil CR</b>	E
<b>Pexeva</b>	E
<b>Prozac</b>	E
<b>Sertraline Capsules 150 mg, 200 mg</b>	E
Sertraline Tablets	
<b>Zoloft</b>	E
<b>Diabetes: Diabetic Supplies</b>	
<b>Accu-Chek Guide Meters</b>	
<b>Accu-Chek Guide Test Strips</b>	
Continuous Glucose Monitors	
<b>Contour Next EZ Meters</b>	
<b>Contour Next Meters</b>	
<b>Contour Next One Meters</b>	
<b>Contour Next Test Strips</b>	
Diabetic Testing - Lancets	
Insulin Needles/Syringes	
<b>OneTouch Diabetic Meters</b>	
<b>OneTouch Diabetic Test Strips</b>	
<b>Diabetes: Insulin</b>	
<b>Admelog, Admelog SoloStar</b>	E
<b>Afrezza</b>	E
<b>Apidra, Apidra SoloStar</b>	E
<b>Basaglar</b>	E
<b>Degludec FlexTouch</b>	E

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Therapeutic Drug Classes	Requirements & Limits
Fiasp, Fiasp FlexTouch	E
Humalog	
Humalog Junior	
Humalog Mix 50/50	
Humalog Mix 75/25	
Humulin 50/50	
Humulin 70/30	
Humulin N	
Humulin R	
Insulin Aspart	E
Insulin Aspart Protamine/Insulin Aspart	E
Insulin Degludec	E
Insulin Glargine	E
Insulin Lispro	E
Insulin Lispro Jr.	E
Insulin Lispro Protamine/Insulin Lispro 75/25	E
Lantus	
Levemir	E
Lyumjev	
Novolin 70/30	E
Novolin N	E
Novolin R	E
Novolog, Novolog FlexPen	E
Novolog Mix 70/30	E
Semglee	E
Soliqua	
Toujeo	
Tresiba	E
<b>Diabetes: Non-Insulin</b>	
Acarbose	
<b>ACTOplus Met</b>	
<b>ACTOplus Met XR</b>	
Actos	E

Therapeutic Drug Classes	Requirements & Limits
Adlyxin	
Alogliptin	E
Alogliptin-Metformin	E
Alogliptin-Pioglitazone	E
Amaryl	E
Avandia	
Bydureon	
Bydureon BCise	
Byetta	
Cycloset	
Diabeta	
Duetact	
Farxiga	E
Fortamet	E
Glimepiride	
Glipizide	
Glipizide ER	
Glipizide-Metformin	
<b>Glucophage</b>	
<b>Glucophage XR</b>	
<b>Glucotrol</b>	
<b>Glucotrol XL</b>	
<b>Glucovance</b>	
<b>Glumetza</b>	E
Glyburide	
Glyburide Micronized	
Glyburide-Metformin	
<b>Glynase</b>	
<b>Glyset</b>	
<b>Glyxambi</b>	
<b>Invokamet</b>	E
<b>Invokamet XR</b>	E
<b>Invokana</b>	E
<b>Janumet</b>	E

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Therapeutic Drug Classes	Requirements & Limits
<b>Janumet XR</b>	E
<b>Januvia</b>	E
<b>Jardiance</b>	
<b>Jentadueto</b>	
<b>Jentadueto XR</b>	
<b>Kazano</b>	
<b>Kombiglyze XR</b>	
Metformin	
Metformin 625 mg	E
Metformin ER (generic <b>Fortamet</b> )	E
Metformin ER (generic <b>Glucophage XR</b> )	
Metformin ER (generic <b>Glumetza</b> )	E
Metformin Solution (generic <b>Riomet</b> )	
Miglitol	
<b>Mounjaro</b>	
Nateglinide	
<b>Nesina</b>	
<b>Onglyza</b>	
<b>Oseni</b>	
<b>Ozempic</b>	
Pioglitazone	
Pioglitazone-Glimepiride	
Pioglitazone-Metformin	
<b>PrandiMet</b>	
<b>Prandin</b>	
<b>Precose</b>	
<b>Qtern</b>	E
Repaglinide	
Repaglinide-Metformin	
<b>Riomet</b>	E
<b>Riomet ER</b>	
<b>Rybelsus</b>	
<b>Segluromet</b>	E
<b>Starlix</b>	

Therapeutic Drug Classes	Requirements & Limits
<b>Steglatro</b>	E
<b>Steglujan</b>	E
<b>SymlinPen</b>	
<b>Synjardy</b>	
<b>Synjardy XR</b>	
Tolbutamide	
<b>Tradjenta</b>	
<b>Trijardy XR</b>	
<b>Trulicity</b>	
<b>Victoza</b>	
<b>Xigduo XR</b>	E
<b>Xultophy</b>	E
<b>Immunosuppressant: Organ Rejection</b>	
<b>Astagraf XL</b>	E
<b>Azasan</b>	
Azathioprine	
<b>Cellcept</b>	E
Cyclosporine	
<b>Envarsus XR</b>	E
Everolimus	
Gengraf	
<b>Imuran</b>	E
Mycophenolate	
Mycophenolic Acid	
<b>Myfortic</b>	E
<b>Neoral</b>	E
<b>Prograf</b>	
<b>Rapamune</b>	E
<b>Sandimmune</b>	E
Sirolimus	
Tacrolimus	
<b>Zortress</b>	E
<b>Musculoskeletal: Osteoporosis</b>	
<b>Actonel</b>	E

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Therapeutic Drug Classes	Requirements & Limits
Alendronate	
<b>Atelvia</b>	E
<b>Binosto</b>	E
<b>Boniva</b>	E
Calcitonin (Salmon)	
<b>Didronel</b>	
Etidronate	
<b>Evista</b>	E
<b>Forteo</b>	E
<b>Fortical</b>	
Ibandronate	
<b>Miacalcin</b>	
Raloxifene	
Risedronate	
<b>Teriparatide</b>	
<b>Tymlos</b>	
<b>Respiratory: Asthma/COPD</b>	
<b>Accolate</b>	
<b>Accuneb</b>	
<b>Advair Diskus</b>	
<b>Advair HFA</b>	
<b>Albuterol HFA (generic ProAir HFA, Proventil HFA)</b>	
<b>Albuterol HFA (Ventolin HFA authorized generic)</b>	E
<b>AirDuo Digihaler</b>	E
<b>AirDuo RespiClick</b>	E
Albuterol Nebulized Solution	
Albuterol Oral Tablet	
<b>Alvesco</b>	E
Aminophylline	
<b>Anoro Ellipta</b>	
Arformoterol Nebulized Solution	
<b>ArmonAir Digihaler</b>	E
<b>ArmonAir RespiClick</b>	E

Therapeutic Drug Classes	Requirements & Limits
<b>Arnuity Ellipta</b>	
<b>Asmanex HFA</b>	E
<b>Asmanex Twisthaler</b>	E
<b>Atrovent HFA</b>	
<b>Bevespi Aerosphere</b>	
<b>Breo Ellipta</b>	
<b>Breztri Aerosphere</b>	
<b>Brovana</b>	
<b>Budesonide/Formoterol (Symbicort authorized generic)</b>	E
Budesonide Nebulized Solution	
<b>Combivent Respimat</b>	
Cromolyn	
<b>Daliresp</b>	
<b>Duaklir Pressair</b>	E
<b>Dulera</b>	E
<b>Duoneb</b>	
<b>Elixophyllin</b>	
<b>Flovent Diskus</b>	
<b>Flovent HFA</b>	
<b>Fluticasone (Flovent HFA authorized generic)</b>	E
Fluticasone/Salmeterol Diskus	E
Fluticasone/Salmeterol RespiClick	
<b>Fluticasone/Vilanterol (Breo Ellipta authorized generic)</b>	E
<b>Foradil</b>	
Formoterol Nebulized Solution	
<b>Gastrocrom</b>	E
<b>Incruse Ellipta</b>	E
Ipratropium	
Ipratropium/Albuterol	
<b>Levalbuterol HFA</b>	
Levalbuterol Nebulized Solution	
<b>Lonhala Magnair</b>	E

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Therapeutic Drug Classes	Requirements & Limits
<b>Lufyllin</b>	
Metaproterenol	
Montelukast	
<b>Perforomist</b>	
<b>ProAir Digihaler</b>	E
<b>Proair HFA</b>	E
<b>Proair RespiClick</b>	E
<b>Proventil HFA</b>	E
<b>Pulmicort Flexhaler</b>	
<b>Pulmicort Nebulized Solution</b>	E
<b>QVAR Redihaler</b>	E
Roflumilast	
<b>Serevent Diskus</b>	
<b>Singulair</b>	E
<b>Spiriva HandiHaler</b>	
<b>Spiriva Respimat</b>	
<b>Stiolto Respimat</b>	
<b>Striverdi Respimat</b>	
<b>Symbicort</b>	
Terbutaline	
<b>Theo-24</b>	
Theophylline	
Theophylline/Guaifenesin	
<b>Trelegy Ellipta</b>	
<b>Tudorza Pressair</b>	E
<b>Ventolin HFA</b>	E
<b>VoSpire ER</b>	
<b>Xopenex HFA</b>	
<b>Xopenex Nebulized Solution</b>	E
<b>Yupelri</b>	
<b>Zafirlukast</b>	
<b>Zyflo</b>	
<b>Zyflo CR</b>	

Therapeutic Drug Classes	Requirements & Limits
<b>Vitamins</b>	
Pediatric Fluoride Preparations (for example: Florvite, Poly-Vi-Flor, Tri-Vi-Flor) - Brand Name and Generic Products	
Prenatal Vitamins (for example: Citranatal Assure, Prenate DHA, Stuartnatal) - Brand Name and Generic Products	

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ध्यान दें: यदि आप **हिंदी (Hindi)** बोलते हैं, आपको भाषा सहायता सेवाएं, नि:शुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फ्री फोन नंबर पर कॉल करें।

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau tus xovtooj hu deb dawb uas teev muaj nyob rau ntawm koj daim yuaj cim qhia tus kheej.

ចំណាប់អារម្មណ៍: បើសិនអ្នកនិយាយ**ភាសាខ្មែរ(Khmer)**សេវាជំនួយភាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សូមទូរស័ព្ទទៅលេខឥតគិតថ្លៃដែលមាននៅលើអត្តសញ្ញាណប័ណ្ណរបស់អ្នក។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti toll-free a numero ti telepono nga nakalista ayan iti identification card mo.

Díí BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yánit'i'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shqódí ninaaltsoos nit'izíí bee nééhozinígíí bine'déé' t'áá jíík'ehgo béésh bee hane'í bik'á'ígíí bee hodíílnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka telefonka khadka bilaashka ee ku yaalla kaarkaaga aqoonsiga.

## Learn more



Call the toll-free phone number on your member ID card to speak with customer service.



Visit the member website listed on your member ID card to look up the price of drugs covered by your plan, find lower-cost options and more.

**United  
Healthcare**

This plan includes plan participants for a self-funded plan administered by Oxford.

If you are not currently enrolled with UnitedHealthcare or Oxford for pharmacy benefit coverage, you may access your health plan's member website for additional information during your open enrollment period or you may contact your employer or health plan for additional information.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you.

Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern.

This document applies to commercial group members of UnitedHealthcare and Oxford New Jersey plans.

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